



APLS Emergency Blanket

APLSV-5982EB-2

NSN: 6530-01-706-5252

INSTRUCTIONS FOR USE

Product Description:

The Emergency Blanket is a compact, lightweight, and heat-reflective blanket designed to retain body heat in emergency situations. It measures 82" x 59" and is made of nylon laminated with mylar. The blanket is vacuum-packed in a plastic pouch for easy storage and portability.

Intended Use:

The Emergency Blanket is intended to provide thermal insulation by reflecting body heat back to the user, helping to prevent hypothermia in emergency situations such as accidents, exposure to cold environments, or post-injury shock.

Precautions:

- **For External Use Only:** Do not ingest or place the blanket inside the body.
- **Keep Away from Open Flames:** The blanket is not fireproof and can melt if exposed to high heat or open flames.
- **Single Use Only:** The blanket is designed for single use. Reuse may compromise the effectiveness of the material.
- **Avoid Sharp Objects:** Be cautious not to puncture or tear the blanket with sharp objects, as this will reduce its insulating properties.

Instructions for Use:

1. **Open the Package:**
 - Locate the vacuum-sealed plastic pouch containing the Emergency Blanket.
 - Carefully cut or tear open the pouch along the designated tear line. Avoid using excessive force to prevent damage to the blanket inside.
2. **Remove and Unfold the Blanket:**
 - Gently remove the Emergency Blanket from the pouch.
 - Unfold the blanket completely, ensuring that the mylar (reflective) side is facing towards the body. This side reflects heat back to the user.



3. **Cover the Body:**

- Lay the blanket over the person requiring thermal insulation. If the user is conscious and able to assist, instruct them to wrap the blanket around themselves.
- Ensure that the blanket covers as much of the body as possible, focusing on core areas such as the chest, abdomen, and back.

4. **Secure the Blanket:**

- Tuck the edges of the blanket underneath the body wherever possible to secure it. This helps trap heat more effectively and prevents the blanket from slipping off.
- If available, use medical tape or another securing device to hold the blanket in place, especially in windy or unstable conditions.

5. **Monitor the User:**

- Continuously monitor the user's condition. If the user shows signs of hypothermia (e.g., shivering, confusion, slurred speech), ensure that the blanket remains secure and seek medical assistance immediately.
- If the user becomes wet (from rain, snow, or sweat), try to keep the inside of the blanket dry. A wet surface reduces the blanket's effectiveness.

6. **Post-Use Disposal:**

- Once the emergency situation has passed, carefully remove the blanket from the user.
- Dispose of the blanket in accordance with local regulations. The Emergency Blanket is not designed for reuse.

Additional Notes:

- **Emergency Situations:** The blanket can be used in conjunction with other emergency equipment such as splints, bandages, or stretchers.
- **Storage:** Store the blanket in its original vacuum-sealed pouch in a cool, dry place, away from direct sunlight and sharp objects. Proper storage will maintain the blanket's effectiveness until needed.
- **Training:** It is recommended that individuals familiarize themselves with these instructions and practice using the blanket in non-emergency situations to ensure proficiency in an actual emergency.

**Always follow your local Medical Direction and Protocols
for patient movement and hypothermia treatment.**